Know of a neighbor who is housebound or who could benefit from having food delivered monthly to their home? The Neighborhood Service Center is looking for at least 3 families in Tilghman that can benefit from this new program. The program has funding for 60 families in the county. First come, first served.

Contact Dr. Norby Lee for more information: 410-822-5015, ext. 323.

Falconry & Red-tailed Hawks
Saturday, February 1st
5:00 - 5:45 pm: Wine & Hors d’oeuvres
5:45 - 6:15 pm: Speaker & Discussion

Our first speaker is Eric Werner, Eastern Shore Experience Owner/Operator. Eric will be sharing details of the 4,500-year-old sport of falconry with a Red-tailed Hawk. As a falconer for more than 20 years, Eric is one of only 3,400 licensed falconer's in the United States. This event will be held in the PWEC Classroom. FREE, donations gladly accepted.

Splendor 2020
April 18th 5-8pm @ TIVFD

Contact TWM to help with our new exhibit.

Do you have pictures of Tilghman pre-1970?
**Tilghman United Methodist Church (TUMC)**

Sunday Worship: 8:30 & 11:00 AM  
Adult Sunday School 9:45 - 10:45 AM  
Pastor, Herb Cain  
https://www.tilghmanumc.org/

**Men’s Prayer Breakfast**  
Sunday Jan. 26th @ 7:00 AM

**Mental Health Emergency**  
24/7 Hotline = 1-888-310-7273

**Substance Abuse Emergency**  
Call = 911 or Text IWIK to 71441  
24/7 Hotline = 1-888-407-8018

**Counseling Appointment (TUMC)**  
410-822-1018 (For All Seasons)

**AA Meeting Every Wed @ 7:00 (PWEC)**

**Food Pantry @ TUMC**  
Tues 9-12 & Wed 3-6

**Family Support Group @ TUMC**

**Choptank Community Health**  
Appointments on Tuesdays  
Hours 12 to 5 pm  
Call 410-745-0200 for Appt.

What is Peer Support?

Peer support is one person with lived experience helping another person who is experiencing the same or similar situations. The most important thing a Peer can do is to listen and support. From addiction and alcoholism to other mental health issues such as depression and anxiety, Tilghman Island has a wide variety of Peers that may be able to help you. We also have Family Support Peers who have lived through addiction in their families.

The Peer Support Committee will be meeting on February 3rd at 5 PM at the Tilghman United Methodist Church annex. For information, call 410-886-9862 and leave a message.